

Storytelling is never for granted especially when you want to talk about a place steeped in history shaped by its surrounding and its mild climate.

All these elements put together represent the soul of **La Monastica Spa & Resort** in Buggiano Castello. Those who think they have seen it all still have to be amazed here. The past does not taste old here but alive instead, it welcomes you, gives you comfort and nourishes your spirit. You will be definitely overwhelmed by the extraordinary sensitivity of those who managed the rebirth of this unique location capable of capturing its true essence and evolving it in an innovative project full of challenging goals where only care, patience and kindness have been the key to success. In order to recover as many details as possible it has been necessary to dig into old documents trying to unveil what the time has worn out always driven by the sense of beauty, the desire of brightness, lightness and functionality. Nevertheless the attention in using refined materials, original where possible, specialized craftsmen, the highly sensitivity to details have given a strong contribution to the creation of an elegant and incredibly charming atmosphere.

Valdinievole is an area of Tuscany that maintains its original charm unspoiled. It includes 11 municipalities whose origins date back prior to the Roman period. It is possible to admire numerous perfectly preserved medieval fortifications and castles delimitating historic villages of great charm.

The fortification of Buggiano Castello is pictured in a Leonardo Da Vinci's drawing "Landscape drawing for Santa Maria della Neve on 5th August 1473" which has become the most famous landscape in the history of Western art.

Buggiano Castello's ancient walls date back to the 11th century.

This perfectly preserved hamlet retains all its original unspoiled charm.

Even today you can walk through narrow streets made of stone.

Facing the main square you will find the Church of "Santa Maria della Salute and San Nicolao" from 1038 with the adjacent abbey and the "Palazzo Pretorio" built in the middle of the XII century. On its facade you will find 57 crests which belonged to the most important mayors of the village who actually lived in there.

Buggiano Castello enjoys of a particularly mild microclimate which favors the growth of flowers and plants like citrus trees definitely more common in southern areas or closer to the Mediterranean coast. Surrounded by hills cultivated with vineyards, olive and citrus trees, It's prominent position allows a wide view over the underneath Valdinievole valley and its distance to the noisy plane enhance the tranquility and relaxation. It is located in a particularly strategic geographical position: just 5 minutes away from the center of Montecatini Terme, 20 km from Pistoia, 27 from Lucca, 45 from the Riviera of Versilia, and 50 from Florence. The international airports of Pisa and Florence are 45 km away.

La Monastica Spa & Resort took birth from an ancient monastry dedicated to Santa Scolastica located on the highest point of Buggiano Castello. The first settlements though date back to XI century where a fortress was built by the "Da Buggiano" s family.

- The first news about the Monastery's foundation date back to the year 1517.
- The majority of the walls of the nowadays property are still the original ones from the year 1000.



- Natural and mostly original materials (stone, wood, etc.) has been used for the reconstruction and renovation of the spaces in order to keep intact the atmosphere and the charm typical of this ancient monastery.
- The renovation works required the commitment of specialized workers able to work using craft techniques in compliance with all architectural and historical constraints.
- The Church dedicated to Santa Scolastica is part and parcel of the Monastery. From here you can reach the Loggia designed by architect Pacini which is one of the most beautiful viewpoints of the entire Valdinievole valley.
- The ancient wall surrounding the monastery protects the gardens made of nine terraces where long time ago the Benedictine nuns used to cultivate medicinal and aromatic herbs. Here, as it was in the 16th Century, you can find mulberry trees, olive trees, citrus trees, figs and walnuts as well as ornamental plants like jasmine and wisteria able to gift us extraordinary colors and scents during theblossoming season.

La Monastica Resort & Spa

19 Rooms and Suites with spectacular view

Every room and suite is individually and exclusively furnished

- 3 Exclusive Suites
- 3 Prestige Suites
- 6 Junior Suites
- 7 Deluxe Rooms
- 4 independent villas with 2/3/4 rooms and concierge service

Seven outlets to indulge in a multisensorial experience:

- Convivium (main restaurant)
- Refettorio
- Dispensa
- Cantina
- Loggiato (restaurant on the terrace/loggia)
- Matroneo
- Agrumeto (restaurant in the garden)
- Lounge bar

All dishes are prepared with organic ingredients cultivated by our local farmers (in our zero-km vegetable garden)

Wellness Spa and signature natural cosmetics, aromatics bath, and wide range of beauty and wellness treatments and massages

- Sauna, steam bath, and a relaxation area with comfortable loungers and sensory showers
- Outdoor private hot tube in the rock
- Exclusive Infinity space with private pool and room of silence
- Fitness room with modern equipment
- 2 Outdoor swimming pools
- Private garden on nine terraces

Additionally:

- Meeting room
- Private parking with electric cars charging stations
- Private heliport